

## DOC 3.4: Introduction to the Good Practice Study

A good practice (GP) can be a lot of things, from an overall attitude to a single case management practice, and from a juridical disposition to a type of group meeting.

In short, it is a practice you observe when you visit an institution which seems of peculiar interest to you. It is not necessarily directly related to your learning objectives, but it appeals to your professional experience and you'd like to deepen your understanding of it.

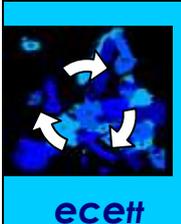
Good practices is about analyzing and explaining why something works, why something is a success. Questions like “what are we good at?” and “Why does it work so well?”, are central elements in the analysis.

Typically, your study goes in three phases:

### 1. choose a good practice

While visiting your host institution, **choose a good practice**, state its general objective, explain why you chose it, and select the eventual TC standards it is related to...

<b>Name of the Good Practice (GP):</b>	Individual treatment Plan
<b>Name of the Host Institution:</b>	La Torre, CEIS Modena
<b>Dates of the traineeship:</b>	17-23.03.2008
<b>General objective of the GP:</b>	Individual development of the client
<b>Topic to which the GP is related:</b>	Serveces in the TC
<b>Reason for choosing the GP:</b>	The needs of the Solidarnost programme; improvement of work with the client
<b>TC standards* related to the GP (Physical Environment):</b>	
<b>TC standards related to the GP (staff):</b>	
<b>TC standards related to the GP (Joining and Leaving):</b>	
<b>TC standards related to the GP (Therapeutic Environment):</b>	
<b>TC standards related to the GP (Treatment Programme):</b>	
<b>TC standards related to the GP (External Relations):</b>	

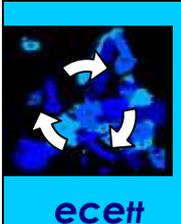
	Period of traineeship	1-week		
		Trainee	Host	Helpdesk
	Name of person			
	Mobile phone			
	Email			

\* the *Service Standards for Addiction Therapeutic Communities* (Communities of Communities, 2006) are widely recognised standards for good practices in TC. You can download them in this GP module. Have a look at them and select those related to your GP.

## 2. describe your good practice

Then, *describe the good practice* you observed. Try to do this in cooperation with your host coordinator.

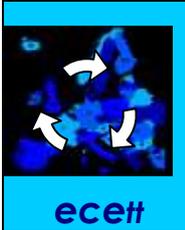
<b>Description of the GP (+/- 500 words):</b>	
<b>Type of target group:</b>	Residents of the TC
<b>Description of target group:</b>	Adult men and women – all residents in the therapeutic programme
<b>Means:</b>	Individual sessions between the clients and case managers before starting the therapeutic programme in the TC and case managers after the entrance in the therapeutic programme. The psychiatrist is also needed for the description of client case and medication. The social worker is giving also his opinion.
<b>Skills involved for the staff:</b>	The staff must be skilful in opening up and understanding the deficits and potentials of the clients, in making a plan and negotiating with the client about it.
<b>Resources (Human, tools, financial...):</b>	Three staff (case manager, social worker and psychiatrist) and the client
<b>Notes:</b>	
<b>Hypothesis/risks:</b>	Hypothesis: there is a small chance to make a mistakes in the ITP because of participation of three staff who is involved in its elaboration Risks: There is the possibility The client don't agree with the ITP
<b>Comparison with own practice (+/- 200 words):</b>	

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### 3. Critical analysis of the good practice

And finally, still together with your host coordinator, **make a critical analysis** of the good practice, considering the following:

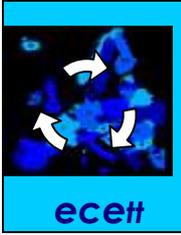
<b>Why is this a Good Practice? (+/- 200 words):</b>	The participation of 3 professionals is leading to minimize the risks when the plan is elaborating, the clients is engaged with his own plan, he know very well the strategy and the tasks and he has a clear vision about o.'s own evolution and he can follow it.
<b>Is the GP achievable?:</b>	Yes, because of different opinions of the participants which make the plan more objective
<b>Is it realistic?:</b>	Yes, because the case manager can follow the plan and discuss with the client if the plan is realistic or not
<b>Is it critical to the quality of the TC?:</b>	Yes, the ITP is one of the more important tools to develop the autonomy of the client
<b>What are the benefits?:</b>	<ul style="list-style-type: none"> <li>- the client is engaged and informed about o.'s own evolution</li> <li>- the follow-up</li> <li>- the participation of three different independent professionals</li> <li>- minimum weaknesses</li> </ul>
<b>Is there 1 path or more paths?:</b>	There is one path, there is a clear procedure of ITP
<b>Is it understandable?:</b>	Yes, because the objective is very clear defined for all participants of the process
<b>Is it measurable?:</b>	Yes, via the results
<b>Is it adaptable to a range of settings?:</b>	Yes, because the team of Solidarnost has all means for using it
<b>Would the implementation of this GP in your institution be desirable and why?</b>	Yes, because we need to improve the ITP in Solidarnost

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<b>Could you suggest a link about the GP?:</b>	No
<b>Do you have a picture describing the GP?:</b>	No
<b>Do you have another picture describing the GP?:</b>	No

At last, you will have produced one complete good practice study. To be recognized as an ECETT good practice it will have to be assessed by a Jury of ECETT Tutors (May 2008).

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	Period of traineeship		Host institution + place	
		Trainee	Host	Helpdesk
	Name of person			
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